Gourmet Restaurant at Tourtour Village in the Sky

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Gourmet Restaurant at Tourtour Village in the Sky
Monday, March 9th, 2009

There is a lovely little restaurant in the village of Tourtour in the Haut Var.

The food is excellent and beautifully presented, with dishes being prepared from the products of the area, including wild boar and truffles.

Try the venison with sweet potato and banana mash in a sauce flavoured with coco beans

The white chocolate mousse dessert with passion fruit cream

Delicious flavours from the gourmet chef with every attention to detail.

Take a look at the current menus (http://www.latable.fr/index.php?id=3)

There is a vegetarian menu on offer- not common in this area

From The Times August 11, 2007

Gordon's gastro tour de France

(http://www.timesonline.co.uk/tol/life and style/food and drink/gordon ramsay/article2209410.ece? token=null&offset=12&page=2)

From three-star cuisine to village cafés, where to eat across the Channel and recipes for what you'll savour there
Gordon Ramsay

La Table

If you're planning an evening in Tourtour and fancy something more upmarket, you'll do no better than to eat at La Table. Run by hard-working couple Meia and Laurent, it's not even listed in the Michelinguide, although it most definitely deserves a star. For €35 (£25) you can enjoy a five-course menu. Arriving from Draguignan or Ampus, you'll find La Table as you enter the village, opposite the car park.